

HEALTHIER PEOPLE: MANAGEMENT OF CHANGE THROUGH MONITORING AND ACTION

Programme of the Seminar

«IMPLEMENTATION OF STRATEGIC PLAN FOR KALININSKY DISTRICT ON THE BASE OF PYLL ANALYSIS.

MENTAL HEALTH. PREVENTION WORK»

ST. PETERSBURG, 5 NOVEMBER 2013

Rotonda conference hall of administration of Kalininsky district
(Aresenalnaya embankment 13/1, entrance from the Lenin's square)

Aims of the seminar:

- To discuss the practical implementation of Strategic Intervention Plan for Kalininsky District,
- To discuss the problem of mental health in Kalininsky District and present Finnish expertise and possible solutions,
- To discuss the next activities in the Healthier People project and possible continuation.

Participants:

- Project partners,
- Project stakeholders: specialists of health and social sector, education, youth policy, traffic safety and others from Kalininsky district and the city of St. Petersburg,
- Experts from the NGOs from St. Petersburg and Finland, City of Vantaa/University of Turku

Language:

Russian and Finnish (with consequent interpretation)

- 9.30** Registration of the participants
- 10.00** Opening of the seminar, welcoming words
- *Elena Rakhova*, deputy, St. Petersburg Legislative Assembly
- *Mikko Vienonen*, NDPHS
- Moderators:** *Johanna Reiman, Anna Skvortsova*
- 10.15** Results of the PYLL analysis in Kalininsky district of St. Petersburg – mortality caused by external reasons (violence, suicides) – *Igor Krasilnikov*, director, “Strateg”
- Information on implementation of Strategic Intervention Plan for Kalininsky District** – *Alexey Stolyarov*, chief specialist, health department of the administration of Kalininsky district
- 10.45** **Situation in Finland – prevention policies and solutions**
Mental health and Health in All Policies – how to plan and implement it? What kind of resources and expertise is needed? What kind of challenges we will face? - RN, PhD, Adjunct Professor *Lauri Kuosmanen*, City of Vantaa/University of Turku, Finland



- 11.45 Coffee break
- 12.00 **Mental health: Situation in Russian Federation** – *Viktoria Semenova*, Institute for organization and informatization of Ministry for health of RF, Moscow
- 12.30 **Mental health: Situation in St Petersburg and in Kalininsky District**
- **Spheres of social and demographical situation in Kalininsky district in 2008-2012 that need special attention. Proposals for improvement.** – *Olga Bederdinova*, chair of a department of organizational and methodological work, Family center of Kalininsky district; *Milena Nikolayeva*, methodologist
 - **Primary prevention of deviant behavior** - *Elena Tchernyshova*, head of youth department of Kalininsky district
 - *Irina Zolotykh*, chief specialist. Department for education of Kalininsky district
 - **Children's hot line** – *Valentina Yakovenko*, chair of a department for crisis psychological assistance for the children and young people, Rehabilitation center "Children's psychiatry" named by S.S. Mnukhin
 - *Irina Alekseyeva*, director general, St. Petersburg Foundation for crisis psychological assistance to the children and young people "New Steps"
 - *Natalia Khodyreva*, director, Crisis center for women
 - *Gleb Panfilov*, vice-director, NGO "Look for the Future"
- 13.30 **Questions**
- 13.45 **Lunch**
- 14.45 **Work groups: what measures regarding the mental health we need to include in the interventions in Kalininsky District? What assets we have and what resources we need to mobilize?** Facilitators: *Johanna Reiman and Lauri Kuosmanen*
- 16.15 **Discussion:** What recommendations can be elaborated for Kalininsky district? What measures regarding the mental health need to be included in the Strategic intervention plan of Kalininsky District? Facilitator: *Johanna Reiman*
- 16.45 Comments of the experts
- 17.00 Next steps in the project: final conference 16-17 of November, new project. End of the seminar





Этот проект со-финансируется Европейским Союзом



BALTIC REGION HEALTHY CITIES ASSOCIATION