

HEALTHIER PEOPLE: MANAGEMENT OF CHANGE THROUGH MONITORING AND ACTION

Programme of the Seminar

«IMPLEMENTATION OF STRATEGIC PLAN FOR KALININSKY DISTRICT ON THE BASE OF PYLL ANALYSIS.

PREVENTION OF CARDIO VASCULAR DISEASES»

ST. PETERSBURG, 6 NOVEMBER 2013

Conference hall "Rotonda" of administration of Kalininsky district
(Arsenalnaya embankment 13/1, entrance from Lenin's square)

Aims of the seminar:

- To discuss the practical implementation of Strategic Intervention Plan for Kalininsky District,
- To discuss the problem of cardio-vascular diseases in Kalininsky District and present Finnish expertise and possible solutions,
- To discuss the next activities in the Healthier People project and possible continuation.

Participants:

- Project partners,
- Project stakeholders: specialists of health and social sector, education, youth policy, traffic safety and others from Kalininsky district and the city of St. Petersburg,
- Experts from the NGOs from St. Petersburg and Finland,
- Experts from South-East District of the Finnish Heart Association (Finland).

Language:

Russian and Finnish (with consequent interpretation)

9.30-10.00

Registration

10.00

Opening and welcoming words:

- *Mikko Vienonen*, NDPHS
- *Elena Pfau*, Health committee of St. Petersburg

Moderator: *Nikolay Suspitsyn*, vice-head of the health sector of administration of Kalininsky district of St. Petersburg

10.15

Results of the PYLL analysis in Kalininsky district - mortality caused by cardio-vascular diseases. – *Igor Krasilnikov*, director, "Strateg"

10.30

Short information about implementation of Strategic plan of intervention of Kalininsky district – *Alexey Stolyarov*, chief specialist, health sector of administration of Kalininsky district of St. Petersburg

10.45

Examples of prevention policies from Finland, cross-sectoral interventions
Lifelong support for vascular health, prevention and early diagnosis

Heli Heimala, Executive Director, South-East District of the Finnish Heart Association



11.45	Questions
12.00	Coffee break
12.15	<p>Problem of cardiovascular diseases in St Petersburg and Kalininsky District: Risk factors and social determinants of cardiovascular diseases and how to tackle them on the city level? – Speakers (<i>need to be confirmed</i>):</p> <ul style="list-style-type: none"> • <i>Oksana Rotar</i>, head of Epidemiological laboratory of the Federal Center of Heart, Blood and endocrinology by V.A. Almazov of the Ministry for health of RF • <i>Elena Zhukova</i>, cardiologist, Kallininsky district • <i>Marina Mayskaya</i>, head of morbid anatomy unit of City department of morbid anatomy of St. Petersburg - Kalninsky dept. • <i>Galina Lebedeva</i>, chief specialist, Health kiosk of Kalininsky district
13.00	<p>Discussion - what measures can help to decrease mortality from CVD in Kalininsky district and in St. Petersburg? What do we need to include in the Strategic Intervention Plan – in planning in the city and in Kalininsky district? – Moderated by <i>Johanna Reiman</i></p>
13.45	<p>Comments and discussion</p> <p>Elaboration of the recommendations – summary of the seminar. Interaction with other city districts. Dissemination of the results of Healthier People project to other districts and cities in Russian Federation (recommendations, dissemination activities, final seminar, continuation of the project) - discussion about ideas, opportunities and next steps. Final conference of Healthier people 16-17 of January 2014. Roundtable on Healthier people in the forum “Social Petersburg: New Solutions” 22 of November, 2013.</p>
14.00	End of a seminar



BALTIC REGION HEALTHY CITIES ASSOCIATION



Этот проект со-финансируется Европейским Союзом